



Children's Urology Group, PL

PYELOPLASTY

POSTOPERATIVE CARE OF YOUR CHILD

UPON YOUR ARRIVAL HOME

BANDAGE/DRESSING

1. Your child may have a small bandage over the incision site. This may begin to peel off on its own. Once it has begun to lift off of the skin you may remove it. If it is still on after one week, please remove it. You **DO NOT** need to reapply a bandage.
2. There may be a small drain left in place near the incision. This is not painful and will be removed in the office.
3. You may notice a bulging around the incision. This is common and may take up to six months to disappear.
4. There **may** be a tube (nephrostomy) coming out of your child's back that drains urine from the kidney. You will need to empty the bag periodically. The tube will be removed in the office.
5. There **may** be a temporary internal tube in the kidney to help the urine drain from the kidney (stent). Your doctor will explain how and when this tube will be removed.

URINATION

1. Your child's urine color may change from clear yellow to amber or red. This color change is normal and may last for a 2 to 6 weeks, especially if a stent is in place.

BOWEL MOVEMENTS

1. The medications your child has been prescribed and the surgical procedure can contribute to constipation. Keep track of your child's bowel movements and make sure that the diet contains foods that have always resulted in soft, frequent bowel movements in the past. Do not let your child get constipated.

BATHING

1. Your child may resume showers or baths one week following surgery unless otherwise instructed by your doctor. Limit the bathing time to five minutes during the first week and then resume your child's normal bathing routine.
2. Do not worry if the bandage begins to fall off. Once the bandage falls off, it does not need to be reapplied.

ACTIVITIES

1. **AVOID** strenuous activity including but not limited to sports, running and jumping, wrestling, swimming and riding a bicycle.
2. Your child may ride in the car with the infant/child safety straps in place, take walks as tolerated and walk up and down stairs. Increased activity with a stent will cause blood in the urine, and possibly more spasms.

MEDICATIONS

1. Your doctor may have prescribed Tylenol with codeine/Hydrocodone. Use as directed. **DO NOT** awaken your child to administer a dose.
2. If antibiotics were prescribed by your surgeon, be sure to use them as directed.
3. If a stent is placed, your child may have been prescribed Ditropan (oxybutinin) for bladder spasms as well as Tylenol (acetaminophen) with codeine for pain. **SIDE EFFECTS MAY BE FLUSHING, DRY MOUTH, FEELING WARM TO TOUCH AND CONSTIPATION.**

DIAPERS (if your child is currently in diapers)

1. Change your child's diapers more frequently during the first postoperative week.

CONTACT THE DOCTOR IF:

1. Your child experiences back or flank pain.
2. Your child develops **EXTREME** pain, redness, swelling or discharge at the incision site.

FOLLOW UP (RADIOLOGY) TESTS

1. An ultrasound is often times performed within the first two months following the surgery. Your child may have a renal scan scheduled after the ultrasound. Your doctor will instruct you on the date, sequence of these tests, and whether they are needed.

POSTOPERATIVE OFFICE VISIT

1. Please schedule a postoperative visit for 2 weeks following the date of surgery (unless otherwise directed by your doctor) by calling the nearest office during the hours of 8:00 a.m. to 5:00 p.m., Monday through Friday.

St. Petersburg: 727.456.1055

Tampa: 813.874.7500

To reach the doctor after the above hours and on weekends, the answering service will direct you from the above telephone numbers.