



Children's Urology Group, PL

MEATOPLASTY / MEATOTOMY

POSTOPERATIVE CARE OF YOUR CHILD

UPON YOUR ARRIVAL HOME

URINATION

1. Your son may experience burning with urination for the first few postoperative days. Placing him in a warm bath **without** soap will help relieve these symptoms. Let him know that he is allowed to urinate into the bathtub if it helps relieve his burning.
2. Your doctor may have placed him on a medication (Pyridium/phenazopyridine/AZO Standard) to relieve some urinary burning.
3. Do not worry if you see a little blood spotting at the tip of the penis.

DRESSING

1. No bandage is required.
2. If stitches were placed, they will dissolve within a few weeks and do not need to be removed.
3. Your Doctor may have directed you to apply ointment to meatus. **DO NOT** use any ointment with **ADDED** medicine for pain relief such as Neosporin X.

DIET

1. Feed your child juices, Jell-O and clear broth when you arrive home and **ADVANCE HIM TO HIS NORMAL DIET AS TOLERATED.**
2. If he is nauseous, **DO NOT** force food or liquid.

ACTIVITIES

1. Your son may return to school the next day and resume all activities unless otherwise directed by your doctor.

MEDICATIONS

1. Your doctor may have prescribed Tylenol with codeine/Hydrocodone. Use as directed. **DO NOT** awaken your child to administer a dose.
2. Apply ointment (Bacitracin/Neosporin/Maxitrol) to the urethral meatus (urinary opening) at least three times per day for one week. If your child is still in diapers apply the antibiotic ointment with each diaper change. **DO NOT** use any ointment with **ADDED** medicine for pain relief such as Neosporin X.
3. Your doctor may have prescribed a medication (Pyridium/phenazopyridine/AZO Standard) to relieve urinary burning. This will temporarily turn your son's urine, saliva and tears orange. If he cannot swallow this pill, crush it and mix it with solids (pudding, applesauce, ice cream, etc.). **DO NOT CHEW** the tablet or mix it with a liquid.

BATHING

1. You may bathe your son on the first postoperative day.
2. Allow your son to first soak in a warm bath **without** soap.
3. After 48 hours you may then add soap and bathe him as you normally would.

DIAPERS (if your child is currently in diapers)

1. Change your child's diapers more frequently during the first postoperative week.

POSTOPERATIVE OFFICE VISIT

1. Please schedule a postoperative visit for 2 weeks following the date of surgery (unless otherwise directed by your doctor) by calling the nearest office during the hours of 8:00 a.m. to 5:00 p.m., Monday through Friday.

St. Petersburg: 727.456.1055

Tampa: 813.874.7500

To reach the doctor after the above hours and on weekends, the answering service will direct you from the above telephone numbers.