



Children's Urology Group, PL

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[www.childreनुrologygroup.com](http://www.childreनुrologygroup.com)

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## DR HOMSY CIRCUMCISION

### POSTOPERATIVE CARE OF YOUR SON

#### **WHILE YOU ARE STILL IN THE HOSPITAL**

1. Following surgery, your child will be encouraged to drink clear liquids when he is fully awake.
2. He will be discharged home from the hospital when he is tolerating the fluids without vomiting. Nausea and vomiting are common reactions to the anesthesia.
3. Do not worry if you see a little blood spotting on the dressing or at the tip of the penis.

#### **UPON YOUR ARRIVAL HOME**

##### **BANDAGE/DRESSING**

1. Your son may have a piece of gauze over his lower stomach and penis. Discard this gauze after it becomes wet with urine and **do not** replace it. Apply generous amounts of Neosporin/Bacitracin/antibiotic ointment 3-4 times per day without touching the penis. Do not apply any more gauze (it may stick and be hard to remove). **DO NOT** use any ointment with added medicine for pain relief such as Neosporin X.
2. The penis will appear swollen and red with some raw areas as well as some blood spotting. This is to be expected.

##### **BLEEDING**

1. If there is persistent bleeding, apply compression to the area by pinching the penis with a gauze between your thumb and forefinger for fifteen minutes. If this does not stop the bleeding, contact the doctor through the office.

##### **BATHING**

1. Bathe your son 4 times per day starting on the first day after surgery for about one week or until healing is complete. Use warm water **without soap for 15 minutes**. Apply generous amounts of antibiotic ointment to the penis after each bath. When the child comes out of the bath, do not wipe the penis. Let it air-dry before applying large amounts of Vaseline, Neosporin, Bacitracin (not Neosporin X). Simply cover the penis with this ointment. Do not "rub it" on.
2. Regular bathing may resume after two days unless otherwise directed by your doctor.

##### **DIET**

1. Feed your child juices, Jell-O and clear broth when you arrive home and **ADVANCE HIM TO HIS NORMAL DIET AS TOLERATED**.
2. If he is nauseous, **DO NOT** force food or liquid.

### **MEDICATIONS**

1. You may give your child Tylenol (acetaminophen) for any pain or discomfort.
2. Your doctor may have prescribed Tylenol with codeine or Hydrocodone. Use as directed. DO NOT awaken your child to administer a dose.

### **ACTIVITIES**

1. Infant/child car seats with safety straps in place, strollers and high chairs may be used immediately.
2. Your child may ride in the car, take walks as tolerated and walk up and down stairs.
3. **AVOID** straddle toys (bouncers, bicycles, tricycles and rocking horses) for 2 weeks.
4. **AVOID** strenuous activity including but not limited to sports, running, jumping, wrestling and swimming for 2 weeks.
5. Keep your child out of school for 1 week.

### **DIAPERS** (if your child is currently in diapers)

1. Change your child's diapers more frequently during the first postoperative week.
2. When changing the diaper/pullup/underwear, try to keep the penis laying flat on the belly and pointing upwards. This should help in minimizing postoperative swelling of the penis.

### **POSTOPERATIVE OFFICE VISIT**

1. Please schedule a postoperative visit for 2 weeks following the date of surgery (unless otherwise directed by your doctor) by calling the nearest office during the hours of 8:00 a.m. to 5:00 p.m., Monday through Friday.

St. Petersburg: 727.456.1055

Tampa: 813.874.7500

To reach the doctor after the above hours and on weekends, the answering service will direct you from the above telephone numbers.