



Children's Urology Group, PL

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INSTRUCTIONS FOR PATIENTS WITH EPIDIDYMITIS

1. Sitz baths using 1-2 cups of Epsom salts in warm water daily
2. Scrotal support
3. Limited activity; no straddling, no lifting.
4. Motrin every 6 hours for 7 days **even** if no pain
5. Call and get testicular sonogram if recurrence or worsening of pain.