



Children's Urology Group, PL

## CIRCUMCISION

### POSTOPERATIVE CARE OF YOUR SON

#### WHILE YOU ARE STILL IN THE HOSPITAL

1. Do not worry if you see blood spotting at the tip of the penis or on the dressing.
2. It is **OK** if the bandage/dressing has already fallen off.

#### UPON YOUR ARRIVAL HOME

##### BANDAGE/DRESSING

1. Your son may have a bandage wrapped around the penis. Do not worry if you see a little blood spotting on the dressing and at the tip of the penis.
2. If this dressing has not fallen off in **TWO** postoperative days, then soak your son in a warm bath without soap in the **MORNING** for 10 minutes. Remove the dressing in the **MORNING**, **NOT** in the afternoon or evening. You may wait until a Monday to remove the bandage instead of a Saturday or Sunday if you are having difficulty.
  - A. Give your son Tylenol with codeine/hydrocodone as directed on the prescription.
  - B. Forty-five minutes after you have given Tylenol with codeine/hydrocodone, soak the dressing by placing your son in a lukewarm bath or shower (**without soap**) for ten minutes.
  - C. Remove the dressing by unwrapping it or sliding it off. This will cause some discomfort.
  - D. The penis will appear swollen and red with some raw areas and blood spotting. You may also see some yellow, crusted areas. This is to be expected.
  - E. Apply ointment (Bacitracin, Neosporin, Vaseline) to the penis and on the stitches four times per day or with diaper changes in a young child. **DO NOT** use any ointment with added medicine for pain relief such as Neosporin X.

##### IF THE BANDAGE/DRESSING FALLS OFF

1. Your son may have had a bandage wrapped around the penis. This may fall off on its own.
2. If the bandage falls off **DO NOT PANIC THIS IS FINE**. The penis will appear swollen and red with some raw areas as well as some blood spotting. This is to be expected.
3. If there is bleeding, apply pressure by pinching the penis with a gauze between your thumb and forefinger for four minutes.
4. Apply ointment (Bacitracin, Neosporin, Vaseline) to the penis and on the stitches four times per day. **DO NOT** use any ointment with added medicine for pain relief such as Neosporin X. You may place a gauze over the penis to prevent it from directly contacting the underwear or the diaper if you believe this is more comfortable for your son.

### **DIET**

1. Feed your child juices, Jell-O and clear broth when you arrive home and **ADVANCE HIM TO HIS NORMAL DIET AS TOLERATED.**
2. If he is nauseous, **DO NOT** force food or liquid.

### **MEDICATIONS**

1. You may give your son Tylenol (acetaminophen) for any pain or discomfort.
2. Your doctor may have prescribed Tylenol with codeine/Hydrocodone. Use as directed. **DO NOT** awaken your child to administer a dose; if he is asleep, he is comfortable.

### **ACTIVITIES**

1. Infant/child car seats with safety straps in place, strollers and high chairs **MAY BE USED IMMEDIATELY.**
2. Your child may ride in the car, take walks as tolerated and walk up and down stairs.
3. **AVOID** straddle toys (bouncers, bicycles, tricycles and rocking horses) for one week.
4. **AVOID** strenuous activity including but not limited to sports, running, jumping and wrestling.
5. **SWIMMING** in a chlorinated/antibacterial swimming pool is **OK** after one week if the surgical site looks fine.
6. Your son should remain out of school for up to one postoperative week.

### **BATHING**

1. Sponge bathe your child for the first two days (see instructions under **DRESSING**).
2. Regular bathing may resume after two days unless otherwise directed by your doctor.

### **DIAPERS** (if your child is currently in diapers)

1. Change your child's diapers more frequently during the first postoperative week.

### **POSTOPERATIVE OFFICE VISIT**

1. Please schedule a postoperative visit for 2 weeks following the date of surgery (unless otherwise directed by your doctor) by calling the nearest office during the hours of 8:00 a.m. to 5:00 p.m., Monday through Friday.

St. Petersburg: 727.456.1055

Tampa: 813.874.7500

To reach the doctor after the above hours and on weekends, the answering service will direct you from the above telephone numbers.