



Children's Urology Group, PL

VARICOCELE

POSTOPERATIVE CARE OF YOUR SON

WHILE YOU ARE STILL IN THE HOSPITAL

1. Following surgery, your son will be encouraged to drink liquids when he is fully awake.
2. He will be discharged home from the hospital when he is tolerating the fluids without vomiting. Nausea and vomiting are common reactions to the anesthesia.
3. Do not worry if you see a little blood spotting on the bandage.

UPON YOUR ARRIVAL HOME **BANDAGE/DRESSING**

1. Your son may have a scrotal support/athletic supporter in place with the scrotum surrounded by "fluffed" bandages. Use the supporter for one week. You may remove the "fluffed bandages" after 24 hours.
2. The small bandage strips (and oftentimes a clear plastic bandage) covering the wound will peel off with time. Once they have fallen off, there is no need to cover the wound with a new bandage.
3. Do not worry if you see a little blood spotting through the bandage.

MEDICATIONS

1. You should give your child Tylenol (acetaminophen) for any pain or discomfort.
2. For severe pain your doctor may have prescribed Tylenol with codeine.

FEVER

1. If your child has a temperature below 102F give Tylenol as directed.
2. For a temperature of 102F or higher give Tylenol and please notify the doctor.

ACTIVITIES

1. **AVOID** any vigorous activity including gym class, driving an automobile, straddling toys, bicycle/tricycle riding, or wrestling with siblings or friends.
2. Your son may walk up and down stairs and ride in the car **with** all straps of the infant/child safety seat in place.
3. Your son should remain out of school for one postoperative week.
4. Elevating the scrotum with a folded washcloth (or wearing a jock strap in an older boy) may provide added comfort.

BATHING

1. Sponge bathe your son for the first five days.
2. Regular bathing may resume after five days unless otherwise directed by your doctor. You may bathe your child with the dressing in place. If the bandage begins to fall off, you may remove it. It does not need to be replaced.

DIET

1. You may feed your child juices, Jell-O and clear broth for the first postoperative day/evening. You may gradually start him on regular solid foods that evening.
2. A regular diet may be resumed the next morning.

POSTOPERATIVE OFFICE VISIT

1. Please schedule a postoperative visit for 2 weeks following the date of surgery (unless otherwise directed by your doctor) by calling the nearest office during the hours of 8:00 a.m. to 5:00 p.m., Monday through Friday.

St. Petersburg: 727.456.1055

Tampa: 813.874.7500

To reach the doctor after the above hours and on weekends, the answering service will direct you from the above telephone numbers.