



Children's Urology Group, PL

VARICOCELE

POSTOPERATIVE CARE OF YOUR SON

UPON YOUR ARRIVAL HOME

BANDAGE/DRESSING

1. Your son may have a scrotal supporter/athletic supporter in place with the scrotum surrounded by "fluffed" bandages. Use the supporter for one week. You may remove the "fluffed bandages" after 48 hours.
2. The small bandage strips (and oftentimes a clear plastic bandage) covering the wound will peel off with time. Once they have fallen off, there is no need to cover the wound with a new bandage. All bandages can be removed after 1 week if they are still in place.
3. Do not worry if you see a little blood spotting through the bandage.

MEDICATIONS

1. You should give your child Tylenol (acetaminophen) for any pain or discomfort. (DO NOT awaken your child to administer a dose).
2. For significant pain your doctor may have prescribed Tylenol with codeine or hydrocodone. Use as directed.

ACTIVITIES

1. **AVOID** any vigorous activity including gym class, driving an automobile, straddling toys, bicycle/tricycle riding, or wrestling with siblings or friends for at least two weeks.
2. Your son may walk up and down stairs and ride in the car **with** all straps of the infant/child safety seat in place.
3. Your son should remain out of school for one postoperative week.
4. Elevating the scrotum with a folded washcloth (or wearing a jock strap in an older boy) may provide added comfort, as may an ice pack.

BATHING

1. Sponge bathe your son for the first five days.
2. Regular bathing may resume after five days unless otherwise directed by your doctor. You may bathe your child with the dressing in place. If the bandage begins to fall off, you may remove it. It does NOT need to be replaced.

DIET

1. Feed your child juices, Jell-O and clear broth when you arrive home and **ADVANCE HIM TO HIS NORMAL DIET AS TOLERATED.**
2. If he is nauseous, **DO NOT** force food or liquid.

WHEN TO CALL THE DOCTOR:

If your child's incision sites develop extreme redness, or are very warm to the touch.

If you notice very thick, copious discolored drainage from the incision site.

If the scrotum becomes increasingly swollen or tense.

If bleeding occurs that is continuous.

POSTOPERATIVE OFFICE VISIT

1. Please schedule a postoperative visit for 2 weeks following the date of surgery (unless otherwise directed by your doctor) by calling the nearest office during the hours of 8:00 a.m. to 5:00 p.m., Monday through Friday.

St. Petersburg: 727.456.1055

Tampa: 813.874.7500

To reach the doctor after the above hours and on weekends, the answering service will direct you from the above telephone numbers.