



Children's Urology Group, PL

MEATOPLASTY / MEATOTOMY

POSTOPERATIVE CARE OF YOUR CHILD

WHILE YOU ARE STILL IN THE HOSPITAL

1. Following surgery, your child will be encouraged to drink clear liquids when he is fully awake.
2. He will be discharged home from the hospital when he is tolerating the fluids without vomiting. Nausea and vomiting are common reactions to the anesthesia.

UPON YOUR ARRIVAL HOME

URINATION

1. Your son may experience burning with urination for the first few postoperative days. Placing him in a warm bath **without** soap will help relieve these symptoms. Let him know that he is allowed to urinate into the bathtub if it helps relieve his burning.
2. Your doctor may have placed him on a medication (Pyridium/phenazopyridine/AZO Standard) to relieve some urinary burning.
3. Do not worry if you see a little blood spotting at the tip of the penis.

DRESSING

1. No bandage is required.
2. If stitches were placed, they will dissolve within a few weeks and do not need to be removed.

DIET

1. You may feed your child juices, Jell-O and clear broth when you arrive home. You may gradually start him on regular solid foods that evening.
2. A regular diet may be resumed the next morning.

ACTIVITIES

1. Your son may return to school the next day and resume all activities unless otherwise directed by your doctor.

MEDICATIONS

1. You may give your child Tylenol (acetaminophen) for any pain or discomfort.
2. Apply antibiotic ointment (Bacitracin/Neosporin/Maxitrol) to the urethral meatus (urinary opening) at least three times per day for one week. If your child is still in diapers apply the antibiotic ointment with each diaper change.

3. Your doctor may have prescribed a medication (Pyridium/phenazopyridine) to relieve urinary burning. This will temporarily turn your son's urine, saliva and tears orange. If he cannot swallow this pill, crush it and mix it with solids (pudding, applesauce, ice cream, etc.). DO NOT CHEW the tablet or mix it with a liquid.

BATHING

1. You may bathe your son on the first postoperative day.
2. Allow your son to first soak in a warm bath **without** soap.
3. After 48 hours you may then add soap and bathe him as you normally would.

FEVER

1. If your child has a temperature below 102F give Tylenol as directed.
2. For a temperature of 102F or higher give Tylenol and please notify the doctor.

DIAPERS (if your child is currently in diapers)

1. Change your child's diapers more frequently during the first postoperative week.

POSTOPERATIVE OFFICE VISIT

1. Please schedule a postoperative visit for 2 weeks following the date of surgery (unless otherwise directed by your doctor) by calling the nearest office during the hours of 8:00 a.m. to 5:00 p.m., Monday through Friday.

St. Petersburg: 727.456.1055
Tampa: 813.874.7500

To reach the doctor after the above hours and on weekends, the answering service will direct you from the above telephone numbers.