



Children's Urology Group, PL

LAPAROSCOPIC PYELOPLASTY/NEPHRECTOMY

POSTOPERATIVE CARE FOR YOUR CHILD

UPON YOUR ARRIVAL HOME

LAPAROSCOPY

1. It is very common for your child to experience shoulder pain after laparoscopic surgery. This occurs because of irritation to the diaphragm from the gas used to fill the abdomen. It will resolve in a few days.

BANDAGE/DRESSING

1. Your child may have band-aids over the incision sites. These may be removed the day after discharged home. Smaller steri-strips are underneath the band-aids. These will begin to peel off on its own. Once it has begun to lift off of the skin you may remove it. You **DO NOT** need to reapply a bandage.
2. There may be a small drain left in place. This is not painful and will usually be removed prior to discharge home. The bandage over this site may be removed the day after discharge home.
3. You may notice a bulging around the incision. This is common and may take up to six months to disappear.
4. There **may** be a temporary internal tube in the kidney to help the urine drain from the kidney (stent). Your doctor will explain how and when this tube will be removed.

URINATION

1. Your child's urine color may change from clear yellow to amber or red. This color change is normal.

BOWEL MOVEMENTS

1. The medications your child has been prescribed and the surgical procedure can contribute to constipation. Keep track of your child's bowel movements and make sure that the diet contains foods that have always resulted in soft, frequent bowel movements in the past.

BATHING

1. Your child may resume showers or baths one week following surgery unless otherwise instructed by your doctor. Limit the bathing time to five minutes during the first week and then resume your child's normal bathing routine.
2. Do not worry if the bandage begins to fall off. Once the bandage falls off, it does not need to be reapplied.

ACTIVITIES

1. AVOID strenuous activity including but not limited to sports, running and jumping, wrestling, swimming and riding a bicycle.
2. Your child may ride in the car with the infant/child safety straps in place, take walks as tolerated and walk up and down stairs.

SCHOOL

1. Your child should be kept home from school for 1 week from the date of surgery.

MEDICATIONS

1. You may give your child Tylenol (acetaminophen) for any pain or discomfort.
2. For severe pain your doctor may have prescribed Tylenol with codeine/Hydrocodone. Use as directed. DO NOT awaken your child to administer a dose.
3. If antibiotics were prescribed by your surgeon, be sure to use them as directed.

DIAPERS (if your child is currently in diapers)

1. Change your child's diapers more frequently during the first postoperative week.

CONTACT THE DOCTOR IF:

1. Your child experiences severe back or flank pain.
2. Your child develops EXTREME pain, redness, swelling or discharge at the incision site.

FOLLOW UP (RADIOLOGY) TESTS

1. An ultrasound is usually performed within the first two months following the surgery. Your child also may have a renal scan scheduled after the ultrasound. Your doctor will instruct you on the date and sequence of these tests.

POSTOPERATIVE OFFICE VISIT

1. Please schedule a postoperative visit for 2 weeks following the date of surgery (unless otherwise directed by your doctor) by calling the nearest office during the hours of 8:00 a.m. to 5:00 p.m., Monday through Friday.

St. Petersburg: 727.456.1055

Tampa: 813.874.7500

To reach the doctor after the above hours and on weekends, the answering service will direct you from the above telephone numbers.