



Children's Urology Group, PL

HYPOSPADIAS

POSTOPERATIVE CARE OF YOUR SON

WHILE YOU ARE STILL IN THE HOSPITAL

1. Following surgery, your son will be encouraged to drink clear liquids when he is fully awake.
2. Your son may complain of an urge to urinate. This is related to a tube that may have been placed through the penis into the bladder. This tube continually drains the urine, therefore the bladder will never fill with urine. Tell your son that it is all right for him to "urinate" whenever he feels the urge.
3. DO NOT worry if you see a blood spotting at the tip of the penis or on the dressing.

UPON YOUR ARRIVAL HOME

DRESSING

1. The penis may be wrapped in a bandage. This bandage will be removed in 7 - 14 days in the office depending on your doctor's specific instructions. **IT IS FINE HOWEVER IF THE BANDAGE FALLS OFF AT ANY TIME. DO NOT WORRY!**
2. Do not worry if you see a little blood spotting through the bandage or in the tube.
3. Try to keep the bandage and surrounding areas clean with **sponge** baths.
4. There may be a tube that passes through the penis into the bladder. This tube will freely and continually drain the urine so that your child's bladder remains empty. He may, however, feel the "urge" to urinate. Reassure him that he is allowed to try and "urinate" whenever the urge arises.

DIAPERS

1. **IF INSTRUCTED**, allow the tube to drain into a second diaper.
2. Change your son's diapers more frequently during the first postoperative week.
3. Clean bowel movements on the surrounding area with gentle wiping.

TUBE IN PENIS

1. There may be a tube that passes through the penis into your son's bladder. This tube is sewn in place. This is used to drain the urine continually from his bladder so that your child does not need to urinate. He may, however, feel the "urge" to urinate because the tube can irritate the bladder. He will be on a medication called oxybutinin (Ditropan) to help relieve this urge and the associated bladder "spasms". Bladder spasms are not dangerous.
2. The bladder spasms may cause some leaking or "spurting" of urine **AROUND** the tube. This is common and the oxybutinin (Ditropan) medication will help alleviate this.
3. Do not let the tube become "kinked" as this will prevent the free flow of urine.

FOLLOW UP APPOINTMENT:

1. Schedule a follow up appointment for 7 days after surgery to remove the bandage and tube unless otherwise directed by your surgeon.

PLEASE NOTIFY YOUR DOCTOR:

1. If there is NO urine coming out of the tube. The tube may need to be flushed.
2. If the tube **COMPLETELY FALLS OUT INTO THE DIAPER.**

BLADDER SPASMS

1. Bladder spasms occur from the tube irritating the bladder as well as from the normal healing process. They are not dangerous.
2. Signs of spasms include: arching of your child's back with associated irritability, spurting of urine through and around the tube, a sudden awakening from a sound sleep and a severe urge to urinate.
3. Treat the spasms by first holding and comforting your child and medicate as directed.

DIET

1. Feed your child juices, Jell-O and clear broth when you arrive home and **ADVANCE HIM TO HIS NORMAL DIET AS TOLERATED.**
2. If he is nauseous, **DO NOT** force food or liquid.

MEDICATIONS

1. For severe pain your doctor may have prescribed Tylenol with codeine/Hydrocodone. Use as directed.
2. Ditropan (oxybutinin) is a medication that relieves bladder spasms. Use it as directed by your doctor. **SIDE EFFECTS INCLUDE FLUSHING, DRY MOUTH, FEELING WARM TO TOUCH AND CONSTIPATION.**
3. Antibiotic should be administered as directed by your doctor.
4. Pyridium (phenazopyridine) is a medication that relieves urinary burning. This will temporarily turn your child's urine and tears orange. Use **ONLY IF** directed by your doctor.
5. **DO NOT** awaken your child to administer medications.

ACTIVITIES

1. **AVOID** straddle toys (bouncers, bicycles, tricycles and rocking horses) for at least 14 days unless otherwise directed by your doctor.
2. Infant/child car seats, strollers and high chairs **MAY** be used immediately.
3. **AVOID** strenuous activity including but not limited to sports, running and jumping, wrestling, and riding a bicycle.
4. Your child **MAY** ride in the car, take walks as tolerated and walk up and down stairs.
5. It is recommended that he does not return to daycare or school until the tube has been removed.

POSTOPERATIVE OFFICE VISIT

1. Your doctor will be removing the dressing and tube in the office.
2. Please schedule a postoperative visit for one week following the date of surgery (unless otherwise directed by your doctor) by calling the nearest office during the hours of 8:00 a.m. to 5:00 p.m., Monday through Friday.

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