



Children's Urology Group, PL

CIRCUMCISION

POSTOPERATIVE CARE OF YOUR SON

WHILE YOU ARE STILL IN THE HOSPITAL

1. Following surgery, your son will be encouraged to drink clear liquids when he is fully awake.
2. He will be discharged home from the hospital when he is tolerating the fluids without vomiting. Nausea and vomiting are common reactions to the anesthesia.
3. Do not worry if you see a little blood spotting at the tip of the penis or on the dressing.

UPON YOUR ARRIVAL HOME

BANDAGE/DRESSING

1. Your son may have a bandage wrapped around the penis. Do not worry if you see a little blood spotting on the dressing and at the tip of the penis.
2. If this dressing has not fallen off in two postoperative days, then you should follow the instructions below to remove it. It is best to remove the dressing in the morning:
 - A. Give your son Tylenol with codeine as directed on the prescription.
 - B. Forty-five minutes after you have given Tylenol with codeine, soak the dressing by placing your son in a lukewarm bath or shower (**without soap**) for ten minutes. You want the dressing to become completely soaked.
 - C. Remove the dressing by unwrapping it or sliding it off.
 - D. The penis may appear swollen and red with some raw areas and blood spotting. You may also see some yellow, crusted areas. This is to be expected.
 - E. Apply antibiotic ointment (Bacitracin, Neosporin) to the penis and on the stitches four times per day or with diaper changes in a young child.

IF THE BANDAGE/DRESSING FALLS OFF

1. Your son may have had a bandage wrapped around the penis. This may fall off on its own.
2. If the bandage falls off **DO NOT PANIC**. The penis will appear swollen and red with some raw areas as well as some blood spotting. This is to be expected.
3. If there is bleeding, apply pressure by pinching the penis with a gauze between your thumb and forefinger for four minutes. Contact the doctor if the bleeding does not stop after applying pressure.
4. Apply antibiotic ointment (Bacitracin, Neosporin) to the penis and on the stitches four times per day. You may place a gauze over the penis to prevent it from directly contacting the underwear or the diaper.

DIET

1. You may feed your child juices, Jell-O and clear broth for the first postoperative day/evening. You may gradually start him on regular solid foods that evening.

2. A regular diet may be resumed the next morning.

MEDICATIONS

1. You may give your son Tylenol (acetaminophen) for any pain or discomfort.
2. For severe pain your doctor may have prescribed Tylenol with codeine.

ACTIVITIES

1. Infant/child car seats with safety straps in place, strollers and high chairs may be used immediately.
2. Your child may ride in the car, take walks as tolerated and walk up and down stairs.
3. **AVOID** straddle toys (bouncers, bicycles, tricycles and rocking horses) for ten days.
4. **AVOID** strenuous activity including but not limited to sports, running, jumping, wrestling and swimming.

BATHING

1. Sponge bathe your child for the first two days (see instructions under DRESSING).
2. Regular bathing may resume after two days unless otherwise directed by your doctor.

DIAPERS (if your child is currently in diapers)

1. Change your child's diapers more frequently during the first postoperative week.

FEVER

1. If your child has a temperature below 102F give Tylenol as directed.
2. For a temperature of 102F or higher give Tylenol and please notify the doctor.

POSTOPERATIVE OFFICE VISIT

1. Please schedule a postoperative visit for 2 weeks following the date of surgery (unless otherwise directed by your doctor) by calling the nearest office during the hours of 8:00 a.m. to 5:00 p.m., Monday through Friday.

St. Petersburg: 727.456.1055

Tampa: 813.874.7500

To reach the doctor after the above hours and on weekends, the answering service will direct you from the above telephone numbers.