

#### **URETERAL REIMPLANTATION**

#### POSTOPERATIVE CARE OF YOUR CHILD

## **UPON YOUR ARRIVAL HOME**

## BANDAGE/DRESSING

Your child may have a small bandage over the incision site. This may begin to peel
off on its own. Once it has started to lift off of the skin you may remove it. If it is still
on after one week, please remove it. You **DO NOT** need to reapply a bandage.

### URINATION

- 1. Your child's urine color may change from clear yellow to amber or red. This color change is normal as the bladder begins to heal. This may last for 1 to 2 weeks.
- 2. It may burn when your child urinates. The doctor may have prescribed a medication called Pyridium (phenazopyridine) to relieve this. You may use over the counter AZO standard. This is a pill. DO NOT CHEW IT. Crush it and mix it with thick food such as pudding, ice cream and flavored ices.
- 3. Your child may experience daytime and/or nighttime wetting accidents for two to four postoperative weeks.
- 4. Your child may experience bladder spasms as the bladder continues to heal. Bladder spasms are **not** dangerous. Bladder spasms can cause lower stomach pain and often cause urinary urgency as well as the urge to defecate. If your child awakens from a sound sleep with a sudden startle, this is likely the result of a spasm. The spasms will gradually subside over two to four weeks. Ditropan (oxybutinin) is a medication used to relieve the spasm.

## **BOWEL MOVEMENTS**

 The medications your child has been prescribed and the surgical procedure can contribute to constipation. Keep track of your child's bowel movements and make sure that the diet contains foods that have always resulted in soft, frequent bowel movements in the past. Do not let your child become constipated.

# **BATHING**

- 1. Your child may resume showers or baths 5 days postoperatively.
- 2. Do not worry if the bandage begins to fall off. If it does fall off, it does not need to be replaced.

# **ACTIVITIES**

1. **AVOID** strenuous activity including but not limited to sports, running and jumping, wrestling, swimming and riding a bicycle.

2.	Your child may ride in the car with all straps of the infant/child safety seat in place, take walks as tolerated and walk up and down stairs. Increased activity with a stent will cause blood in the urine, and possibly more spasms.

### **MEDICATIONS**

- 1. Your doctor may have prescribed Tylenol with codeine/Hydrocodone. Use as directed. DO NOT awaken your child just to administer medications.
- 2. Ditropan (oxybutinin) is a medication that relieves bladder spasms. Use it as directed by your doctor. SIDE EFFECTS MAY BE FLUSHING, DRY MOUTH, FEELING WARM TO TOUCH AND CONSTIPATION.
- 3. Pyridium (phenazopyridine) is a medication that relieves urinary burning. It may have been prescribed by your doctor. It will temporarily turn your child's urine, saliva and tears orange. DO NOT CHEW THE PILL OR TRY TO MIX IT WITH A LIQUID. You may crush it and then administer it with soft food (ex.: pudding, applesauce, mashed food). It will PERMANENTLY STAIN clothing and sheets. Use it as directed by your doctor.
- 4. Once your child has completed the full course of postoperative antibiotics, you should resume administration of the **SUPPRESSION ANTIBIOTICS** that your child was on before the surgery unless otherwise directed by your doctor.

# **CONTACT THE DOCTOR IF:**

- 1. Your child experiences **SEVERE** back or flank pain.
- 2. Your child develops EXTREME pain, redness, swelling or discharge at the incision site.

# **DIAPERS** (if your child is currently in diapers)

1. Change your child's diapers more frequently during the first postoperative week.

# **FOLLOW UP (RADIOLOGY) TESTS**

- 1. Your doctor may want your child to have an ultrasound in 2 to 4 weeks following surgery.
- 2. Your doctor will instruct you on the timing and sequence of any studies.

## POSTOPERATIVE OFFICE VISIT

1. Please schedule a postoperative visit for 2 weeks following the date of surgery (unless otherwise directed by your doctor) by calling the nearest office during the hours of 8:00 a.m. to 5:00 p.m., Monday through Friday.

St. Petersburg: 727.456.1055

Tampa: 813.874.7500

To reach the doctor after the above hours and on weekends, the answering service will direct you from the above telephone numbers.